

Fitness and Nutrition Minutes

January 20, 2010 Public Health Office

Present: Ronna Kalish, Wes Young, Nadine Ulibarri-Keller

Guest: Michael Hanauer, Jackie Muncy

Facilitator: Ronna Kalish, Scribe: Nadine Ulibarri-Keller

- I. Welcome & Introductions called to order at 3:40, members introduced themselves
- II. Acceptance of Agenda: accepted by acclamation with addition of b. "Membership to Committee" to New Business.
- III. Acceptance of December 2nd minutes: Motioned by Wes and seconded by Nadine and accepted unanimously
- IV. SCOPE Funding Update: Bobbi Jo not available to, but she passed on message that there has been no activity.
- V. New Business
 - a. Bike Safety Class – Wes Young: Wes admits that he has not done anything about a class – wonders if an adult class would be beneficial. Specifically targeting the Wrong Way Riders and Those That Ride the Streets at Night Without Lights etc. Ronna states that the abusers are not likely to participate. She suggests that he work with the residence halls at NMTech since the majority of the perpetrators are students. Wes announces: The Bike Coalition of NM will have a board retreat on the 30th in Socorro and need a facilitator. They would like to have board members help determine the focus and scope of the organization. Noon to 5pm 10-12 people.
 - b. Membership on Committee: Ronna would like to recruit people on the front lines of fitness and nutrition – what would it take to get those people to this meeting. Need to invite Melissa Begay from Tech, Jan Tarr with SCS, Norbert from the City of Socorro. Ronna will talk to Melissa, Nadine to Jan and Wes to Norbert
- VI. Old Business
 - a. Passport Program for Magdalena: NDI will be March 29 thru April 8 – grades 3-6. Planning meeting will be in March and Ronna suggests that we have the passports ready for that meeting. Michael states that he feels that what would be key is the homeroom teachers. We would need to educate them, provide them with a one-page sheet to remind them about passports. Ronna states that we need to get Kitty Marshall, the school nurse and potentially the PE teacher on the NDI bus. Brainstormed a variety of ideas for implementation. Basically need to remind the teachers and do it as simply as possible. Ronna to talk to the NDI teacher and to Kitty. Passport to be updated by Nadine and Michael to help with development of a poster.
 - b. Health and Fitness Resource Guide – nothing to report at this time.
 - c. Safe Routes to School Update – Michael states that the "umbrella" group met and now has a working group at both schools. Has worked through about half of the surveys (parent, site and neighborhood) has started on the mapping for both school. Has gotten about 2/3 response rate from parent survey. He will be attending a web training on engineering and will meet with the city to review the engineering suggestions. Has not done a whole lot on educational items. Will set a date to meet with the Zimmerly teachers – he went to one of their faculty meetings.
- VII. Adjournment
 - a. Volunteers for next meeting
 - i. Facilitator: Wes to facilitate in April. Bobbi Jo will do February.
 - ii. Scribe: Nadine to Scribe.
 - b. Next Meeting: February 17th, 3:30PM at the Socorro Health Office